

# Sushi Feeds the Brain



## Read what inspires one of the UK's most exciting writers

Roberta Shock spoke to David J Rodger about the process he went through writing his latest novel (EDGE). Surprisingly the most important aspect Rodger spoke about was what he put inside his mouth.

Rodger says: *"The intensity of a high-pressure career and writing in the wee hours and late evenings, has only been maintainable through a regular diet of sushi – and the relaxing sanctuary of an early lunchtime slot in Yen Sushi. You've got to love Pedro for being an absolute gent, and those tempura prawn hand rolls are pure yum heaven."*

Yen Sushi was one of the first Kaiten sushi restaurants to open in Bath. A traditional way of dining in Japan, Kaiten involves sitting around a conveyor where different dishes trundle past and you simply take what you like. Optionally, you can ask the chef to prepare dishes in front of you. Yen Sushi has a diverse menu including many cooked dishes such as king prawn tempura and teriyaki chicken and vegetarian dishes. Whether you are a sushi fanatic or an absolute beginner, you'll be excited and delighted when you eat at Yen Sushi.

**David J Rodger** was born in Newcastle Upon Tyne in 1970. He has published three novels (fiction) and is the creator of YELLOW DAWN, a successful role playing game based on the world formed by his books.

He has written freelance non-fiction for UK magazines and had short stories published in the UK, US and Canada. His presence on the Internet got him a place in a BBC documentary in 2000, 'Through The Eyes of the Young.'

He spent 8 years working for a government agency, within the IT Division, developing a virtual communications service, before moving into commercial online project management for a major UK publisher.

He now lives in Bristol with a Braun coffee-maker, writing from a house on a hill with a view of the Earth's curve. He can be found on the web at:

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